

# Barrecore BRIDAL Packs



## Say 'I do' to our exclusive Barrecore Bridal Packages designed to sculpt, tone, and elevate your bridal journey.

Whether you're strutting down the aisle in a floor length gown or barefoot on the beach, we've got the perfect package for every bride-to-be.

Find the package that works for you with unlimited studio classes, private sessions for that personal experience and online or live classes for ultimate flexibility.



# Platinum Bridal Package

£1200

- 3 months of Unlimited studio classes
- 3 months of Unlimited access to our On-Demand library to keep up the classes wherever, whenever
- 30 minute consultation with a lead teacher to discuss dress and any areas of focus for the teacher to design a tailored plan
- 6 private 1:1 sessions with a lead teacher
- Private Barrecore class for bridal party with goody bags including Barrecore grip socks: white socks for bride, black socks for bridal party
- 15% off meal plans at Detox Kitchen



# Gold Bridal Package

£900

- 3 months of Unlimited studio classes
- 3 months of Unlimited access to our On-Demand library to keep up the classes wherever, whenever
- 30 minute consultation with a lead teacher to discuss dress and any areas of focus for the teacher to design a tailored plan
- 6 private sessions with teacher
- 15% off Detox Kitchen meal plans



# Silver Bridal Package

£465

- 2 months of Unlimited studio classes
- 2 months of Unlimited access to our On-Demand library to keep up the classes wherever, whenever
- 30 minute consultation with a lead teacher to discuss dress and any areas of focus for the teacher to design a tailored plan
- 15% off Detox Kitchen meal plans



# Girls Gone Mild Hen

Price depends on studio size

- Private Barrecore class for a healthy Hen class
- Goody bags including Barrecore grip socks: white socks for bride, black socks for hen

Meet me  
at the  
**BARRE**



# On the Go Bridal Glow

£79

- 3 months Unlimited access to Barrecore Livestream
- 3 months Unlimited access to Barrecore On-Demand library with 1000's of classes targeting different muscle groups for a full body transformation
- 15% off Detox Kitchen meal plans



# Delicious Detox Kitchen

Detox Kitchen are a food delivery service that prepares high quality, delicious, healthy meals, free from wheat, dairy and refined sugar and delivers them right to your doorstep. They avoid inflammatory foods that make you feel tired and bloated and replace them with fresh, whole ingredients, plant-based foods and lean protein - helping you feel more energised, lighter and brighter.

## Meal Plans

Get ready for your big day with transformative meal plans and healthier habits. Choose from 6 curated plans and enjoy 15% with our Bridal packages. Detox Kitchen make eating healthy food easy, delicious and enjoyable.





## Ready to sculpt your dream bridal body?

Get in touch and we can chat through the perfect package to suit you and your dress.

Contact us today and begin your journey to the aisle with Barrecore.

